

5/11/09

A Thuismitheoirí,

'S é Rainbows clár le cabhair agus tacaíocht a ofráil d'aon leanbh atá ag iarraidh plé le cailliúint d'aon tsaghas ina saol. Tugann an clár tacaíocht a gcomhleacaithe do leanaí atá taréis dul trí chailliúint amhail bás, scaradh, colscaradh srl. Is féidir ana bhuaire a bheith ar leanbh leis an gcailliúint seo agus bíonn ar alán leanaí dul tríd gan chabhair ná tacaíocht. D'fheadfadh Rainbows difríocht a dhéanamh. Ní chomhairleoireacht, ná teiripeá atá i gceist le Rainbow ach tacaíocht óna gcomhleacaithe do pháistí cráite le duine fásta oilte ceanúil. Aidhm an chlár ná tuiscint a thabhairt don leanbh ar a chlann nua mar aonad, a fhéin mhuintín a laidriú agus cabhrú leo glacadh leis na hathruithe atá taréis tarlú ina saol.

Tá na grúpaí RAINBOWS tar éis a bheith á reachtáil sa scoil le cúpla bliain. Buíochas lenár n-éascaitheoirí don a gcuid curam agus profisiunta i gconaí. Beidh grúpaí nua ag teacht le chéile i Mí na Samhna. Má cheapann tú go ndéanfadh a leithéid de chlár dul i dtairbhre do do leanbh sínigh an fhoirm seo agus seol ar ais. Beidh an teolas príomháidreach. Tuilleadh eolas más mian leat téigh i dteangmháil le Múinteoir Caitriona, Múinteoir Orna, Suzanne nó aon mhuinteoir.

Rainbows is a programme offering help and support to any child trying to cope with loss in their lives. The programme offers peer support to children who have experienced a loss through death, separation, divorce etc. Such grieving can cause much pain and for many is carried without help and support – Rainbows is not counselling or therapy but a peer support group for a grieving child with a trained and caring adult. The aim of the programme is to give the children an understanding of their new family unit, to build a stronger sense of self-esteem and to help them towards an acceptance of the changes that have taken place in their lives.

RAINBOWS groups have been run in the school for a number of years now.. New groups will be formed in November. If you think your child might benefit from such a group, please sign the attached form and return to school. Confidentiality is guaranteed. Please talk to Múinteoir Caitriona, Múinteoir Orna, Suzanne or class teacher if you would like more information about Rainbows.

Is mise le meas,

Daithí de Paor. (Príomhoide)

Please return slip below to Suzanne before 19/11/2009 if you wish your child to take part.

Tugaim cead do mo leanbh _____ páirt a ghlacadh i gclár Rainbow.
(I give permission for my child to participate in the "Rainbows" programme.)

Siniú : _____ Dáta : _____